

June 21, 2018 - NHB wishes a fond farewell to Richard Fogoros upon his retirement for his outstanding career as Central Supply, Warehouse and Linen Supervisor. During his tenure, he was (recently) recognized as the Civilian Medical Logistician/Supply Technician of the Year for a shore based facility due to his expert managing of the medical-surgical Central Supply Replenishment and Linen operations for NHB and Branch Health Clinics Bangor, Everett, and Puget Sound Naval Shipyard. He was known throughout Navy Medicine West as a medical material logistics expert who could identify and secure medical material that was necessary for virtually any application. Fair Winds and Following Seas! (Official Navy photo by Douglas H Stutz, NHB PAO)



Making a Legacy, DFA style...

June 22, 2018 - From consults to congrats...Cmdr. Robert McMahon, during his 2016-2018 tenure as Naval Hospital Bremerton's Director of Administration, lived up to the Medical Service Corps legacy being Navy Medicine's most diverse corps by engaging in a host of duties and obligations that included consultations with flag officers to congratulations of newly frocked Sailors, and everyone and everything in between (Official Navy photo montage by Douglas H Stutz, Naval Hospital Bremerton Public Affairs Officer).



Naval Hospital Bremerton 2016-18



MHS GENESIS Focal Point for DHA Director Visit

June 29, 2018 - Sharing on Labor and Delivery deck...Navy Vice Adm. Raquel C. Bono, director of the Defense Health Agency, is welcomed by Hospital Corpsman 3rd Class Stephanie Manamon, assigned to NHB Northwest Beginnings Family Birth Center, during a fact-finding visit to the military treatment facility. The visit provided the opportunity to focus with leadership and staff on MHS GENESIS and exchange candid assessment on both positive and negative experiences, process improvement, and deployment application of the new electronic health record. NHB deployed the new electronic health record on Sept. 23, 2017 for service members, veterans and their families as one of the four sites in the Pacific Northwest along with U.S. Air Force 92nd Medical Group at Fairchild Air Force Base, Naval Health Clinic Oak Harbor and Madigan Army Medical Center (Official Navy photo by Douglas H Stutz, NHB Public Affairs Officer).



Round table discussion...Navy Vice Adm. Raquel C. Bono, director of the Defense Health Agency, shared a candid conversation with Referral Management staff including Mr. Eli Fale (Left), and Ms. Dawn Geron, on such topics as appointment processing, contractual concerns and credentialing procedures. "Tell me what I need to fix when I get back home and what can we do to make it better," Bono directly asked the staff, who were the initial stop of her visit to the command. The entire focus of the visit was to receive frank feedback on the deployment of MHS GENESIS and discuss the implementation, issues, and improvements (Official Navy photo by Douglas H Stutz, Naval Hospital Bremerton Public Affairs Officer).



With a Little Family Help...

July 6, 2018 - Lt. Jessica Forde, Naval Hospital Bremerton staff psychologist, delivers the voluntary oath for her permanent appointment to the rank of lieutenant commander to Capt. Jeffrey Bitterman, NHB Commanding Officer. (Official Navy photo by Douglas H Stutz, NHB Public Affairs).



July 7, 2019 - Naval Hospital Bremerton was recognized with the annual retention award for superior command accomplishment in executing programs and policies that best enable Sailors to succeed in their Navy careers and directly support the concept of 'brilliant on the basics.' NHB was authorized to fly the retention excellence pennant which was hoisted by the entire Command Career Counselor office.

"Your dedication and commitment to career motivation and excellence not only exemplify your ...superb performance but also attest to your concern for the personal and professional needs of our Sailors. Every member of your command can be justifiably proud of this achievement.

Your success represents your command's commitment to the growth and development of your Sailors and will serve as the foundation of fleet readiness. Congratulations and well done," wrote Rear Adm. Terry J. Moulton, Deputy Chief, Bureau of Medicine and Surgery.



MAP a chart of success for NHB Sailors



July 11, 2018 - It's a family advancement affair at Naval Hospital Bremerton (NHB)... newly advanced Hospital Corpsman 3rd Class Cheyenne Faulkner receives her petty officer insignia courtesy of her husband, Hospital Corpsman 2nd Class Shane Faulkner. Along with Faulkner, there were two new hospital corpsman first class, seven hospital corpsman second class, and nine other hospital corpsman third class petty officers recognized as top performers and advanced in rate with the Navy's Fiscal Year 2018 Meritorious Advancement Program (Official Navy photo by MC1 Gretchen Albrecht, NHB Asst. Public Affairs).

July 30, 2018 — (Left) Hospital Corpsman 1st Class Darrius Cooley (R) congratulates Personnel Specialist 2nd Class Naomi Dunkley on her recent enlistment July 25, 2018 at NHB. Cooley, Directorate of Administration leading petty officer and surface force independent duty corpsman returned in time for the event after being assigned as one of eight instructors teaching 15 corpsmen from April to June in the Hospital Corpsman Trauma Course, a unique military and civilian trauma training collaboration between Navy Medicine, Capt. James Lovell Federal Health Care Center (FHCC) and John H. Stoger Hospital, Cook County, Illinois (Official Navy photo by Douglas H Stutz, NHB Public Affairs Officer).

(Right) Hospital Corpsman 1st Class Darrius Cooley, a Laurel, Miss. native, NHB's Directorate of Administration leading petty officer and surface force independent duty corpsman, shared his Fleet Marine Force and Surface Warfare designation knowledge as one of eight instructors who taught 15 Navy hospital corpsman in the Hospital Corpsman Trauma Course from April to June in Cook County, Illinois (Official Navy photo by Douglas H Stutz, NHB PAO)



Audit Aces All

July 31, 2018 - Lt. Angela Wofford, Radiation Health Officer (far left) and Lt. Daniel Conley, Radiation Safety Officer and Radiation Safety Division officer (right) flank Naval Hospital Bremerton's Radiation Health Division team of Hospital Corpsmen 1st Class Christian Lopez and Delfino Vega, radiation health technicians, and Walt Straiff, health physician (not pictured: Hospital Corpsman 3rd Class Cristo Salazar) upon completing an extremely successful annual review by Navy Bureau of Medicine and Surgery Radiation Health Program Audit team, which found no deficiencies of the Navy Radiation Health Program administered by NHB on their survey conducted July 23 through 26, 2018. Also instrumental in the process for NHB were Branch Health Clinic PSNS staff members Mr. Andy Shelton, medical surveillance supervisor, Mr. Allen Truhn, radiation health technician, and Mr. Jerry Coss, health physician, along with Lt. Cmdr. Rob Uniszkievicz, BHC PSNS officer in charge (Official Navy photo by Douglas H Stutz, NHB PAO).



Excerpt from August 7, 2018 article by Douglas H Stutz, NHB PAO — America’s oldest military award is distinctive due to its rarity.

Just as the Navy hospital corpsmen who receive it.
And reflect upon it on August 7, designated as Purple Heart Recognition Day.

It was a December 2004 day in Al Fallujah, Iraq, where Hospital Corpsman 1st Class Richard Vaughn was concentrating on gripping an insurgent prisoner and about to become one such recipient of one such rarity.

Assigned to 1st Marine Division, 3rd Battalion, 5th Marine with Kilo Company, 2nd Platoon, 3rd Squadron, Vaughn, then a hospitalman, was involved in Operation Phantom Fury, a two month bloodbath fought in the ravaged cityscape of Fallujah against a determined enemy. Vaughn and a Marine from his squad were each escorting an insurgent from a dwelling across a courtyard when suddenly their immediate world exploded in a sudden rush of searing shrapnel, concussive noise, and hot air filled with swilling debris.

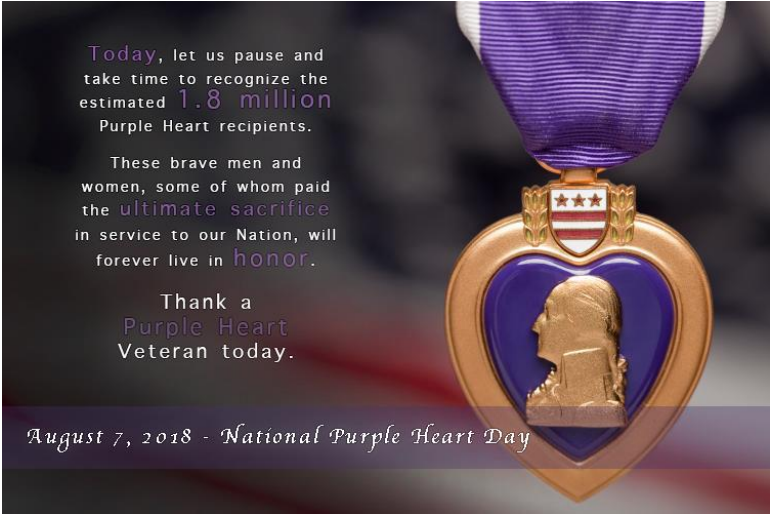
“The whole place just seemed to blow up. Didn’t know what it was and to this day still don’t know what caused that blast. A hidden projectile? An improvised explosive device? An RPG? All I know is that at that time I had a hold of the insurgent in my right hand and was carrying my medical kit and weapon in my left. We were propelled forward. But I didn’t let go of either the insurgent or my gear,” said Vaughn, currently assigned to NHB’s Mental Health Department as a Substance Abuse Rehabilitation Program (SARP) counselor.

Vaughn’s immediate attention centered on his Marine who sustained an injury in his leg from the blast, which tore into the pants and shredded the limb. There was still the responsibility to deliver the insurgents to their designated staging area.

Vaughn then finally took a moment to examine himself...it felt like someone had taken a baseball bat to his left shoulder, leaving numbness in his arm, blood seeping down inside his uniform. To Vaughan, it was really nothing. Upon returning to Camp Pendleton from deployment, Vaughn’s chain of command took exception to his own assessment and he was presented with the Purple Heart.

“Everyone was wounded to some degree in Fallujah, physically as well as mentally and emotionally. We lost a lot of Marines and the wounded were too many to count. I don’t think what I did was anything special. Just doing what I had to do,” stated Vaughn, who experienced running firefights lasting three to four hours dealing with insurgents who were operating from rudimentary — but effective — tunnels and underground bunkers.

The Merit of Purple Heart Recognition Day





Service Before Self...Naval Hospital Bremerton Back to School Physicals/Sport Rodeo team provided patient-centered care to families preparing for the upcoming school year on August 11 and August 15, 2018 (Courtesy photo)

Have We Got a Surprise For You...

August 16, 2018 - Ms. Patricia Whittaker, NHB Quality Management Joint Commission Accreditation Lead was caught completely unaware by being recognized by NHB Commanding Officer, Capt. Jeffrey Bitterman for her professional excellence and sustained superior performance as Senior Civilian of the Quarter.

Congratulations!

(Official Navy photo by Douglas H Stutz, NHB PAO)



The Naval Hospital Bremerton Command Pie in the Face Contest on Aug. 17, 2018, was a fun (and whip cream) filled summer hit, in more ways than one...

(Official Navy photos by Douglas H Stutz, NHB PAO)





THE NAVY'S NEWEST

CHIEF PETTY OFFICER SELECTS!

CONGRATULATIONS TO NHB'S



CS1 SIMPKINS, DONALD

HM1 BROWN, CLOVER

HM1 DYE, ANDREW

HM1 GEISINGER, NICHOLAS

HM1 HUTCHESON, SAMUEL

HM1 NARANJILLA, JOSE

HM1 SINGER, JENNY

MC1 ALBRECHT, GRETCHEN

PS1 GLEASON, STACY

“Fair Winds and Following Seas”

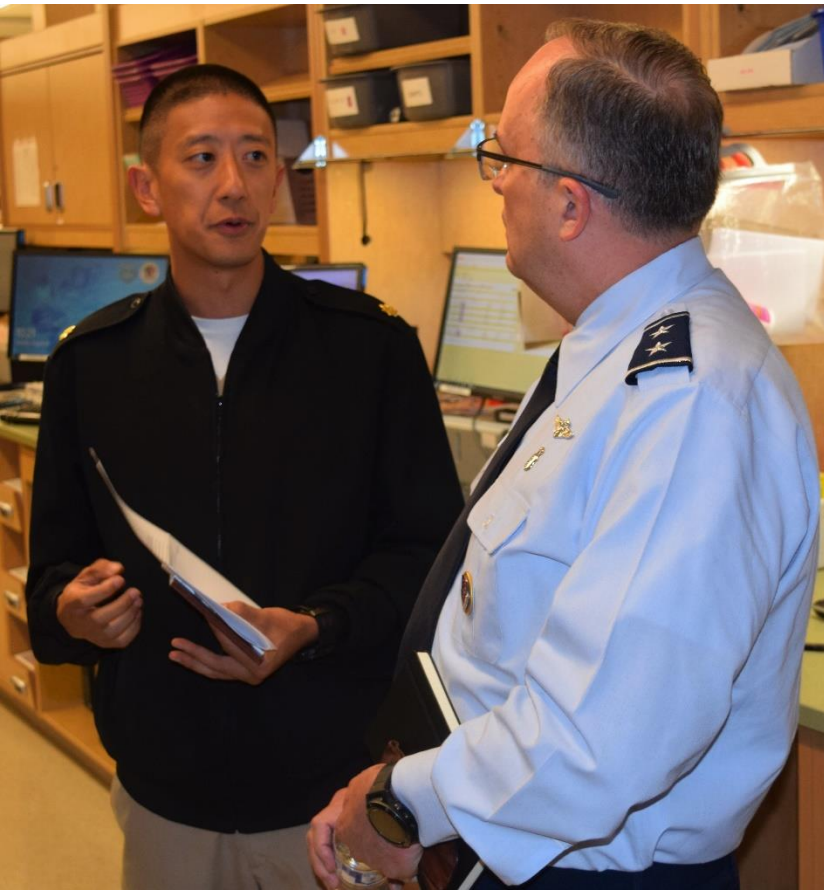
Aug. 23, 2018 — NHB’s Radiology Department members took time from their providing radiological health care and optimal imaging service for patients to bid farewell to Hospital Corpsman 1st Class John Ulanday as he transfers to an instructor position. Although not all the department could make it at once due to ongoing work commitments, staff members from the seven divisions - Computed Tomography (CT), Diagnostic Radiography/Fluoroscopic Imaging, Mammography/Breast Imaging, Magnetic Resonance Imaging (MRI), Nuclear Medicine, Radiation Health and Ultrasound - made it a definitive point to wish HM1 the best at his new assignment (Official Navy photos by Douglas H Stutz, NHB PAO).



NHB hosts Defense Health Agency assistant director for Combat Support Agency

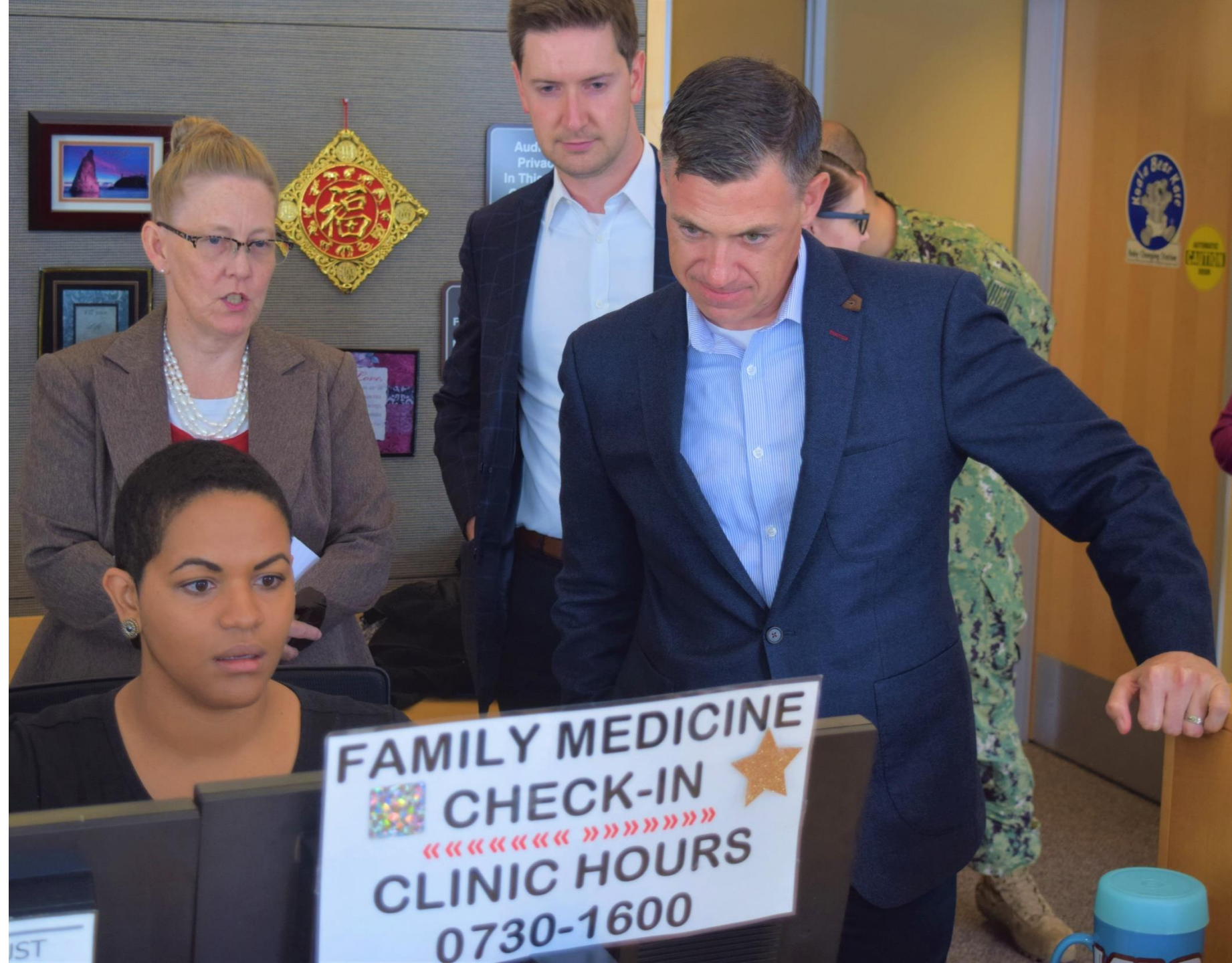
Aug. 28, 2018 (Left) Insightful sharing on Outpatient support...NHB's Pharmacy Department head, Lt. Cmdr. Dean Kang, discusses implementation operations of the new electronic health record MHS GENESIS to Maj. Gen. Lee E. Payne, Assistant Director for Combat Support Agency, Defense Health Agency, during a fact-finding visit and tour to discuss the challenges, workflow, interoperability and project implementation with MHS GENESIS

(Right) Maj. Gen. Lee E. Payne, Assistant Director for Combat Support Agency, Defense Health Agency is briefed by from Capt. Jeffrey Bitterman, Naval Hospital Bremerton (NHB) commanding officer, on the utilization of the new electronic health record MHS GENESIS in NHB's Urgent Care Clinic that helped provide patient-centered care during 19,044 UCC visits - approximately 52 per day - last year (Official Navy photos by Douglas H Stutz, NHB Public Affairs)



Sharing lessons Learned...

Aug. 31, 2018 - Representative Jim Banks from the House Veterans Affairs Committee (R) and chairman of the House Veterans' Affairs Subcommittee on Technology Modernization, along with Mr. William Mallison, Subcommittee on Technology Modernization staff director, are briefed by NHB Primary Care staff members Carla Williams, Family Medicine business manager (top) and Lorielle Jones, medical support assistant, on admission procedures using the electronic health record MHS GENESIS. Banks called upon NHB to meet with clinical, information technology, and project management teams to discuss interoperability, workflow, challenges and project implementation with MHS GENESIS (Official Navy photo by Douglas H Stutz, NHB PAO).



Ombudsmen Recognition Event

Sept. 17, 2019 - NHB got to celebrate our rock star Ombudsmen, Ms. Shannon Afarin and Mr. Sean O'Driscoll, at an appreciation dinner in their honor. Thank you for all that you do for our Sailors and their families!



Hispanic American Heritage Celebration 2018

Sept. 21, 2018 — Staff, beneficiaries, family and friends celebrated Hispanic American Heritage Month with displays, speeches, song, dance, and culinary delights at NHB (Official photo by MCC Gretchen Albrecht)



'Pharmacy Phamily' team effort recognized at Naval Hospital Bremerton

Oct. 1, 2018 -- Providing 'Pharmacy Phamily' hands-on support...pharmacy technician Hospital Corpsman 3rd Class Shealie Brown fills a prescription order in Naval Hospital Bremerton's Inpatient Pharmacy, part of the command's Pharmacy Department that along with Branch Health Clinics (BHC) Bangor, Everett and Puget Sound Naval Shipyard (PSNS) pharmacies, has been selected for the 2018 Navy Pharmacy Team Award. The prescription numbers alone are a testament to the pharmacy's continual team effort. From January through September 22, 2017, there were 489,181 outpatient prescriptions filled — with 28,057 at BHC Bangor, 44,741 at BHC Everett and 1,113 at BHC PSNS, and another 75,526 inpatient medications orders verified. On a daily basis, there was an average of over 2,390 prescriptions and medication orders processed, along with providing around-the-clock service to NHB's Urgent Care Clinic, Labor and Delivery, and Multi-Service Unit (Official Navy photo by Douglas H Stutz, Naval Hospital Bremerton Public Affairs).



Fabulous Foursome in Fall Foliage

Oct. 4, 2018 - In recognition of National Midwifery week, Naval Hospital Bremerton's (NHB) Midwives, Lt. Cmdr. Renee Quezada, Lt. Cmdr. Erica Shilling, Cmdr. Virginia Hazlett, and Jane Owen, take a collective moment to share in this year's theme of, "Midwives Make a Difference."

NHB's foursome provides obstetrical and gynecological care and support for active duty service members and their dependents, before, during and after birth. The four midwives are routinely busy with providing prenatal care to mothers with low-risk pregnancies, attend to the birthing process and provide care for the mother afterward, including support for breastfeeding. Along with their civilian colleagues, the fabulous foursome are advanced practice nurses. They provide primary care to well women, through annual exams, family planning and menopause care. They also specialize in low-risk pregnancy, childbirth and the postpartum stage. Their goal with every patient is to help them have a healthy pregnancy and natural birth experience. In 2017, there were 530 infants delivered at NHB, or approximately 44 a month (Courtesy photo).



Austin Drive adopted and cleaned up by Naval Hospital Bremerton Wardroom Volunteers

Oct. 20, 2018 - Naval Hospital Bremerton Wardroom members take a pause from the cause of their 'Adopt-a-Highway' cleanup efforts on Austin Drive. Their volunteer efforts to environmental stewardship netted 15 large garage bags of rubbish and helped to provide clean walkways for pedestrians and the removal of discarded hazards from children and pets (courtesy photo).



Naval Hospital Bremerton holds Puget Sound Market Executive Council meeting



Oct. 23, 2018 - U.S. Army Brig. Gen. Dennis Lemaster, Regional Health Command - Pacific, Command Surgeon, U.S. Army Pacific, and Market Manager, Puget Sound Military Health System receives a briefing by Lt. Cmdr. Dean Kang, NHB Pharmacy Department head, on the behind-the-scenes working of the pharmacy's patient-centered service. Lemaster was at NHB overseeing a Market Executive Council meeting that focused on such clinical specialty topics as Behavioral Health, Obstetrics, Pediatrics, Primary Care, Surgery, and Telemedicine, and also included a Familiarization visit of the command. Under Lemaster, the Puget Sound Military Health System is an enhanced Multi-Service Market of all service branches. Senior leadership representatives from Madigan Army Medical Center, Naval Health Clinic Oak Harbor, and U.S. Air Force 62nd Medical Group were in attendance for the meeting (Official Navy photo by Douglas H Stutz, NHB Public Affairs).

Oct. 16, 2018 - A little jab will do ya...Naval Hospital Bremerton Command Master Chief James Reynolds receives the influenza vaccination, required for all active duty military personnel, selected Reserves and healthcare workers. Navy Medicine's seasonal influenza vaccine immunization program is designed to protect Sailors and Marines, mission-essential healthcare personnel, and eligible beneficiaries. NHB will hold the annual influenza vaccination clinic Nov. 1-6, 2018, for uniformed service members, eligible beneficiaries and DoD Civilians who have not been vaccinated this year. The vaccinations will be given at NHB's Health and Education Center on Naval Base Kitsap Bangor, 2850 Thresher Ave, Nov. 1-2 from 2 p.m. to 7 p.m., Nov. 3-4 from 12 p.m. to 5 p.m., and Nov. 5-6 from 2 p.m. to 7 p.m. (Official Navy photo by MCC Gretchen Albrecht).

Get Ready to Get Stuck



Tour of No Regrets brought to life by Naval Hospital Bremerton staff member

(Left) Oct. 17, 2018 - A short pause for the photo cause...Naval Hospital Bremerton's chief information officer Pat Flaherty, along with daughter Ruth, take a short break on the Monterey Peninsula during their late summer 1,815 mile bicycling adventure covering the entire Pacific coast highway of Washington, Oregon and California (Courtesy photo).

(Middle) Two states down, one to go...NHB's chief information officer Pat Flaherty and daughter Ruth enter California on their (approximately) 1,815 bicycling adventure along the entire Pacific coastline of the United States (Courtesy photo).

(Right) Thriving after surviving...completing the challenging terrain of northern California is worth a commemorate patch at least for NHB's chief information officer Pat Flaherty and daughter Ruth, who took on that challenge as well as a few others during their 34-day, 1,815 mile bicycling trip covering the entire Pacific coastline of the United States (Courtesy photo).



Capability and Ability not Disability recognized at Naval Hospital Bremerton

Oct. 19, 2018 - Telling it like it is... Charlene Liles, Naval Hospital Bremerton (NHB) Outpatient Medical Records technician, shares her story during NHB's National Disability Employment Awareness Month ceremony. Liles, a Billings, Montana native, began her career working for the Department of Defense in 1983 with her initial job as a clerk-typist at Fort Ord, California in 1983. From there she moved to Hawai'i to work at Tripler Army Medical Center/Schofield Barracks before relocating to Washington and starting at NHB in 1991. Liles was openly candor with her appreciation at the command for observing those with disabilities, yet also revealing that over the years she has experienced discrimination and challenges due to having a disability. She's not alone. According to the United States Census Bureau, there are 40.7 million – or 12.8 percent of the total civilian (noninstitutionalized) population – with a disability in the U.S. Of that total, 7.5 million from age 18 to 64 with a disability are employed. NHB's ceremony was held to continue to raise awareness about disability employment issues and celebrate the many and varied contributions of people with disabilities. Just like Liles (Official Navy photo by Douglas H Stutz, NHB Public Affairs).



Silent Witness testament

Oct. 28, 2018 - NHB Caring, Compassion, Concern...The Silent Witness...each silhouette represents an individual from our military community - father, mother, son, daughter, even family pet - who was murdered and killed as a result of domestic violence. The hope is that these silhouettes will serve as a reminder that many are still affected by family violence and are in need of our support. Domestic violence does not discriminate. Anyone can be a victim regardless of gender, socioeconomic status, religion, culture, sexual orientation or age. If you see something, say something. For more information, or to speak to an advocate: 866-854-4853.
(Official Navy photo by Douglas H Stutz, NHB PAO)



Mother-Daughter streamed live moment

Oct. 31, 2018 - As U.S. Air Force Airman 1st Class Kourtnee Jones looks on , her mother, U.S. Navy Chief Personal Specialist Stacy Gleason, wraps up her reenlistment at Naval Hospital Bremerton (NHB), as presiding reenlistment officer, Lt. Cmdr. Genaia Hill, NHB Industrial Hygiene Department head, shares a congratulatory note of from Jones, assigned to Joint Base San Antonio - Fort Sam Houston. Making it a true family affair despite separated by almost 1,800 miles, Master-at-Arms 1st Class Robert Gleason mans the personal phone camera to share the occasion (Official Navy photo by Douglas H Stutz, Naval Hospital Bremerton Public Affairs Officer).





Naval Hospital Bremerton Flu Vaccination Clinic provides a boost

Nov. 6, 2018 - Providing a boost to mission readiness...Naval Hospital Bremerton's (NHB) Hospitalman Dagen Franks administered one of 3,826 flu shots given out during NHB's annual influenza vaccination clinic for uniformed service members, eligible beneficiaries and DoD Civilians, Nov. 1 through Nov. 6, 2018. There were approximately 600 more who received their immunization this year than last which helped in the effort to meet command's readiness goals, as well as reach the Chief of Naval Operations' goal of at least 90 percent of active duty personnel vaccinated before December 15, 2018 (Official Navy photo by Douglas H Stutz, NHB PAO)).

Giving Thanks in NHB's Terrace Dining Room Nov. 15, 2018



Using Seven C's on the Seven Seas and beyond, Navy Medicine provides ballast and balance

Nov. 15, 2018 - Caregiver Occupational Stress First Aid (COSFA) is a pre-clinical peer intervention strategy based on the assumption that peers will likely seek out peers for help, and is comprised of the 7Cs: check, coordinate, cover, calm, connect, confidence and competence. COSFA is a key component of Caregiver Occupational Stress Control (CgOSC), a Navy Medicine initiative that Naval Hospital Bremerton has added to address stress reactions and injuries in health care providers. As a flexible multi-step process, COSFA helps provide timely assessment and preclinical care of psychological stress injuries in individuals as well as units with the goal to preserve life, prevent further harm, and promote recovery (Courtesy photo).





Naval Hospital Bremerton welcomes Defense Health Agency officials

Nov. 15, 2018 - Naval Hospital Bremerton's Lt. Cmdr. Hao Xie shares Pharmacy information in regards to MHS GENESIS with visiting U.S. Army Maj. Gen. Ronald J. Place, Director, National Capital Medical Directorate, who visited NHB on Nov. 15, 2018, to discuss informatics, and the multiservice market place, as well as NHB's deployment of the new electronic health record MHS GENESIS (Official Navy photo by Douglas H Stutz NHB PAO).



Five-Star All-Star Recognized



Nov. 20, 2018 - NHB recognizes Suzanne Pichler, Labor and Delivery registered nurse, as the Five-Star Employee of the Month for going above and beyond to ensure this year's Aloha Moani 5K Run held in memory of Lt. Moani Daniel became a reality. Nurses are known for their caring, compassion and concern, and Suzanne certainly exemplified those traits in honoring Lt. Daniel. It was her driving heartfelt determination, dedication and drive that made the event happen (Navy photos By Douglas H Stutz, NHB PAO)

Navy's Oldest Staff Corps Recognized at Naval Hospital Bremerton



Nov. 28, 2018 - Lt. Andrew Burns, Navy Chaplain Corps assigned to Naval Hospital Bremerton Pastoral Care department, delivers a benediction with attendees at the command's 243rd birthday of the Navy Chaplain Corps, the oldest staff corps in the Navy (Official Navy photo by Douglas H Stutz, NHB Public affairs).



Movember gets to the roots of awareness at Naval Hospital Bremerton

Nov. 30, 2018 - The roots of men's health awareness was full follicle display Nov. 30, 2018, at Naval Hospital Bremerton.

NHB staff members grew mustaches in recognition and support of men's health awareness for the month of 'Movember.'

As whimsical as the notion seems, the Movember movement for the entire month of November has a serious need to increase awareness on men's health issues, such as prostate and testicular cancer checkups. There is statistical evidence for such a campaign. Compiled data by the American Cancer Society (ACS) shows that there are over 26,000 deaths in the U.S. yearly due to colon and rectal cancer, along with another 28,000 deaths attributed to prostate cancer. Movember's focus on men's health and wellness extends well beyond the month of the moustache. The need for personal awareness for such wellness issues as hypertension, heart diseases, diabetes, colon cancer, hyperlipidemia, erectile dysfunction, proper diet, and adequate exercise are continual concerns (Official Navy photo by Douglas H Stutz, NHB PAO)





NHB Tree Lighting Remembers Those Deployed

Dec. 7, 2018 - Tree-Lighting Trio... Pacific Partnership 2018 returnees Cmdr. Roseanna Chandler (middle), Lt. Rohan Jairam (right) and Personnel Specialist Seaman George Edwards ceremoniously do the honors to flick on the lights at NHB's Tree Lighting Ceremony. The annual event, organized by NHB's Pastoral Care Department, provided staff, family members and friends the opportunity to actively take part in remembering those currently deployed, those returned from deployment and those who will deploy by appreciating their service and sacrifice (Official Navy photo by Douglas H Stutz, NHB PAO)

Happy
Holidays
From
Naval
Hospital
Bremerton
Navy
Nurse
Corps
2018!





GET TO KNOW THE NHB TEAM!

THIS MONTH, WE DIVE IN AND FIND OUT
WHAT KEEPS OUR HOSPITAL STAFF DEDICATED
TO DELIVERING QUALITY PATIENT CENTERED
CARE TO OUR VALUED BENEFICIARIES!

#WHYISERVE

LS2 Shiann Ingram

Supply

"I am Definitely here for my little brother.

We lost our mom when I was 16 and that was really tough. I wanted to keep him out of the system and out of foster care and I thought the Navy would give me the chance to do that.

I joined when I was 17, and I continue to serve for him."

#WHYISERVE



Mike Kelly

Red Cross Volunteer

"I continue to serve here at the hospital because I am alive and well due to Navy medicine.

At one point when I was active-duty, I contracted malaria and my corpsman caught it.

I like being here because I like helping people, and I'm a social animal."

#WHYISERVE



HM1 Chris Kline

General Surgery LPO

"I serve for my family. It wasn't always that way, and it started with just needing a change.

I'm happy to be part of something bigger than myself and how the Navy has given me the opportunity to take care of my family."

#WHYISERVE



LT John C. Melberg

General Dentist

"My goal is always to create a safe and comfortable environment for my patients. I not only want them to feel at ease while they're here, but I want them to leave the hospital happy, and with a new sense of confidence.

I joined because I was looking to further my education along with my career. The Navy has given me a way to serve my fellow Sailors, as well as serving myself."

#WHYISERVE



HM2 Mary Neff

ENT LPO

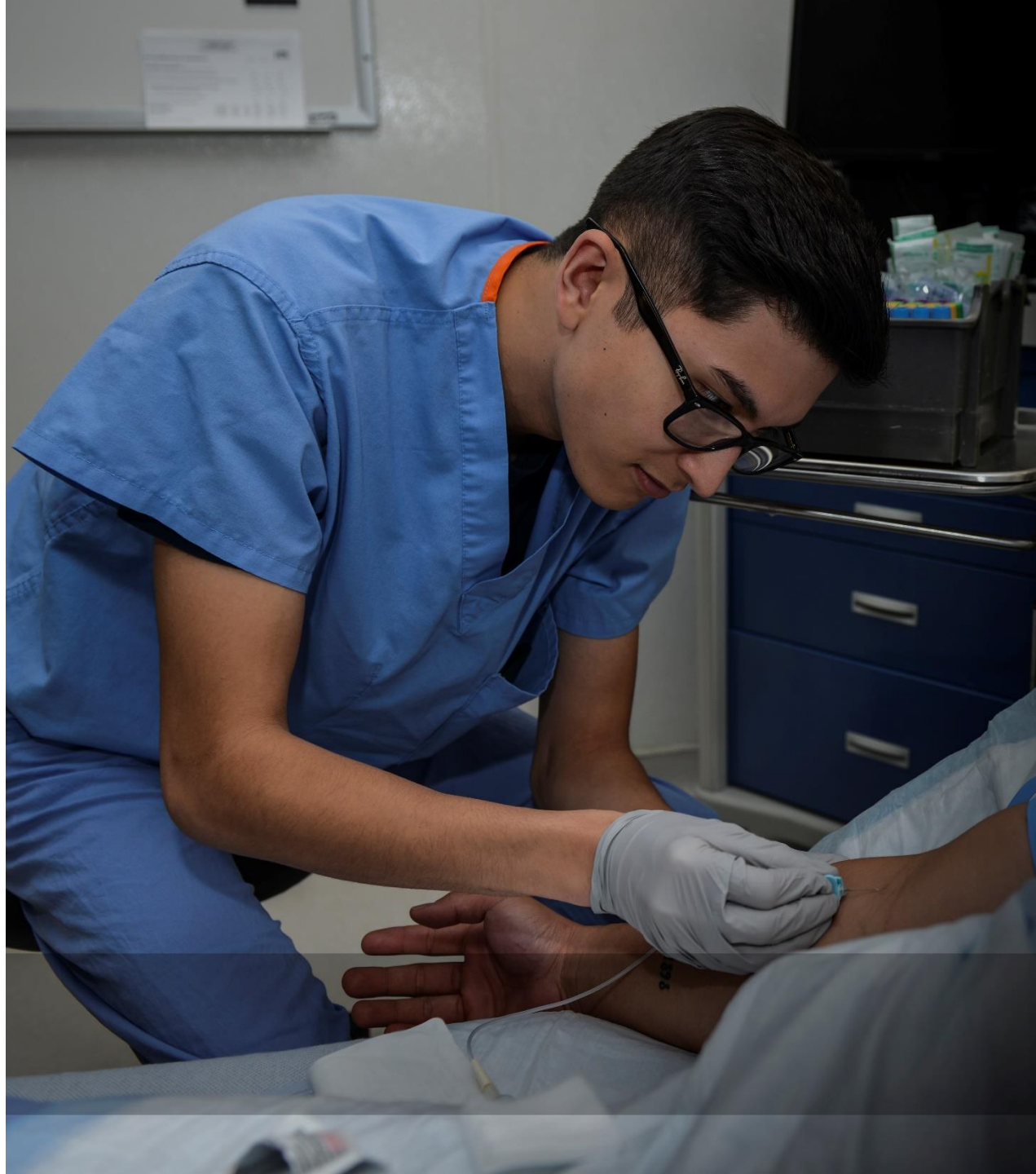
"I love this job because of the wide range of people I see on a daily basis.

From active duty, to veterans, to family members; Just sitting with a patient for a 15-minute appointment lets me learn a lot.

I am very much a people person and I love talking with them and hearing their story."



#WHYISERVE



HN Trevor R. Nicklin Urgent Care

"Even in highschool I knew my goal was to become a firefighter or a paramedic.

Knowing I couldnt apply until I was 21, I thought the Navy could help me work towards my goal and be a great stepping stone for my future.

I hope the skills i learn as a Corpsman will help further my career."

#WHYISERVE

LCDR April Gilbrech

Pediatrics Division Officer

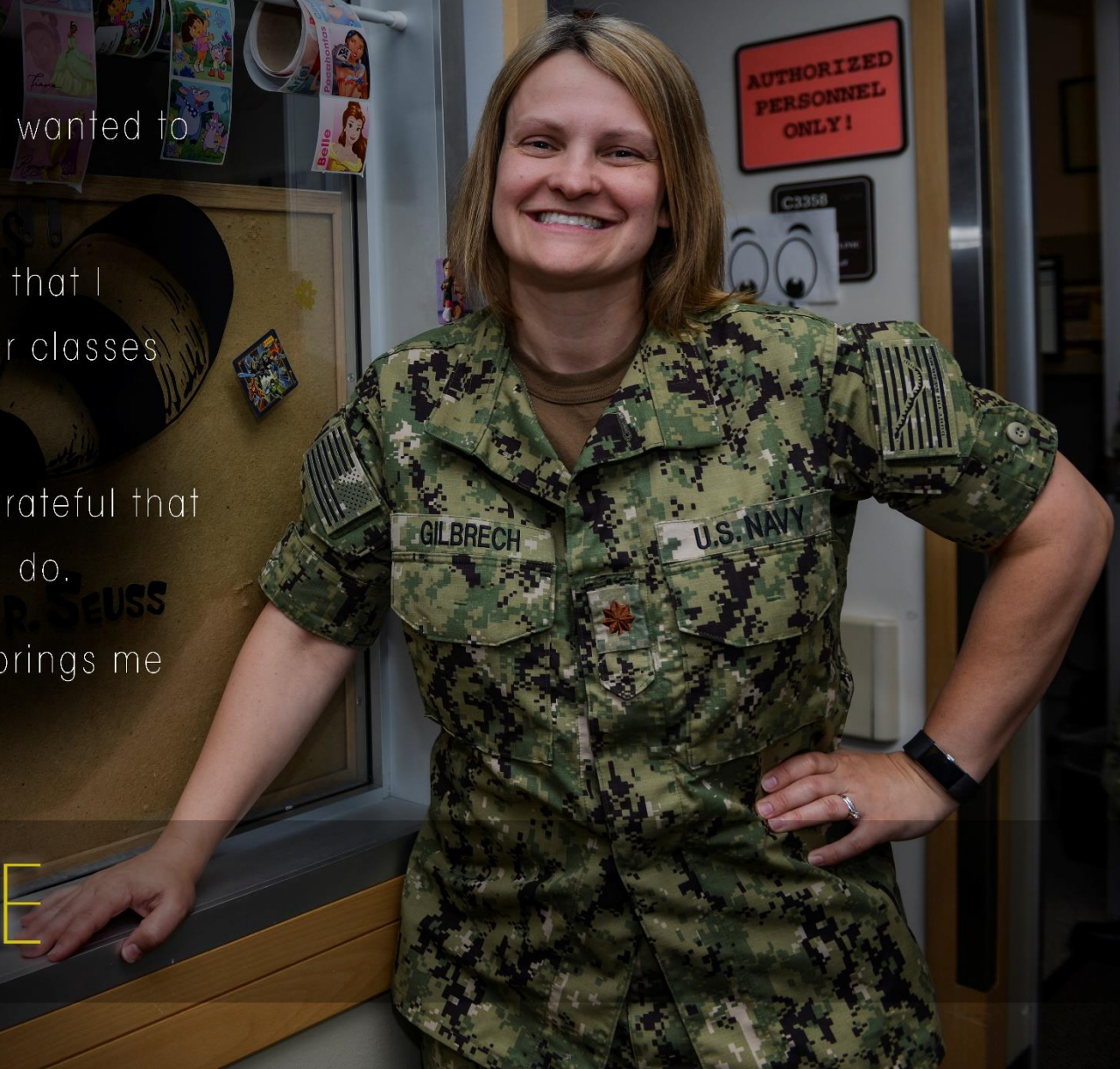
"I knew from 10 years old that I wanted to work in pediatrics.

It wasn't until I joined the Navy that I realized all the opportunities for classes and education that I have.

I serve for my family and I am grateful that they are so supportive of what I do.

This job is stressful but it also brings me joy and satisfaction and that is revitalizing."

#WHYISERVE



Northwest Beginnings Family Birth Center



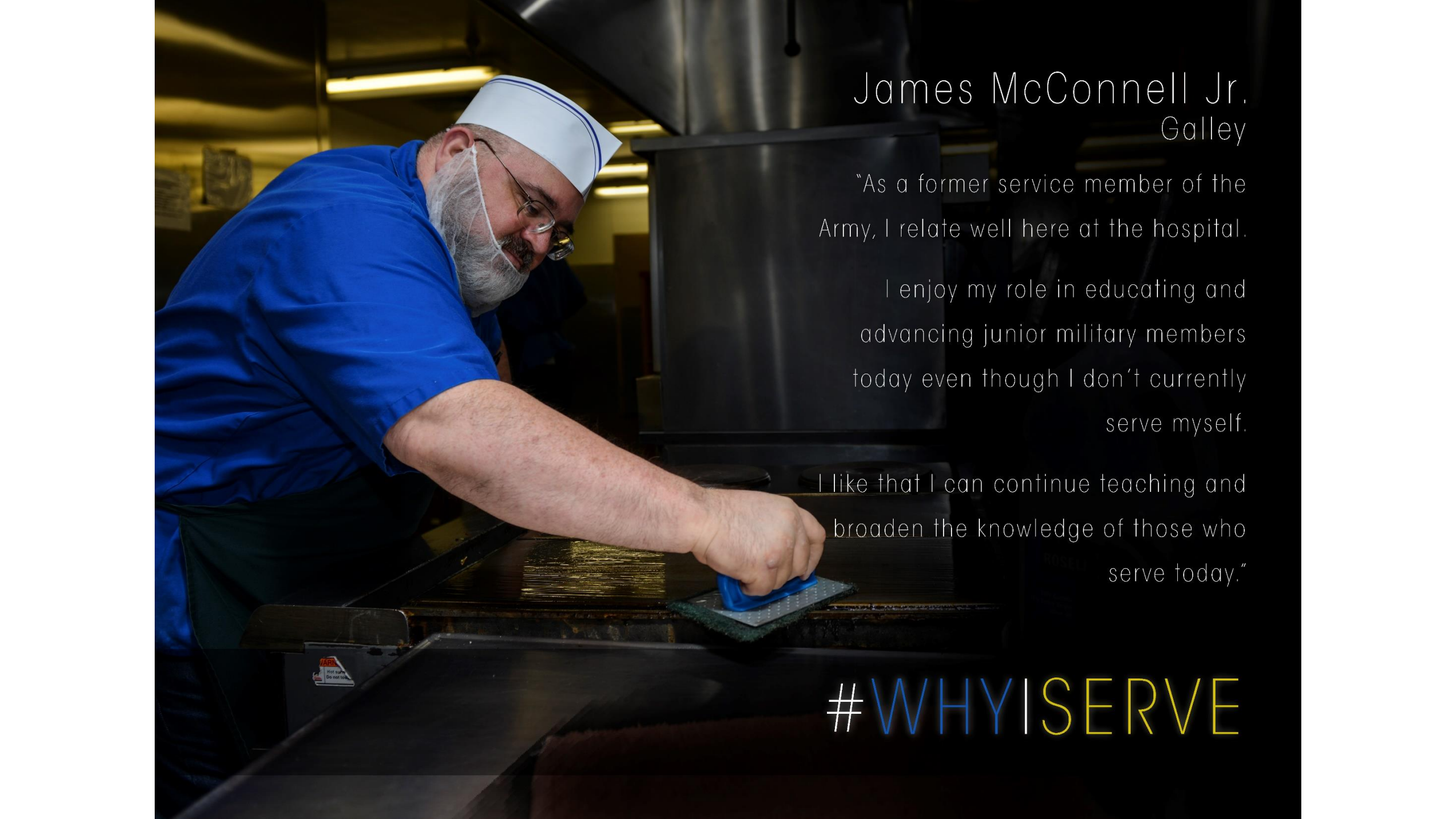
LT Sarah Tuparan
Labor and Delivery

"I have to say my dad is a big part
of where I am now. He's a classic
Navy success story.

I joined because I wanted to work in
the medical field and my dad told
me about all the opportunities.

I even had the opportunity to retire
my dad after he commissioned me."

#WHYISERVE

A chef with a grey beard and glasses, wearing a blue uniform and a white chef's hat, is leaning over a stainless steel counter in a kitchen. He is using a blue-handled scrubber to clean the surface. The background shows a professional kitchen environment with stainless steel equipment and warm lighting.

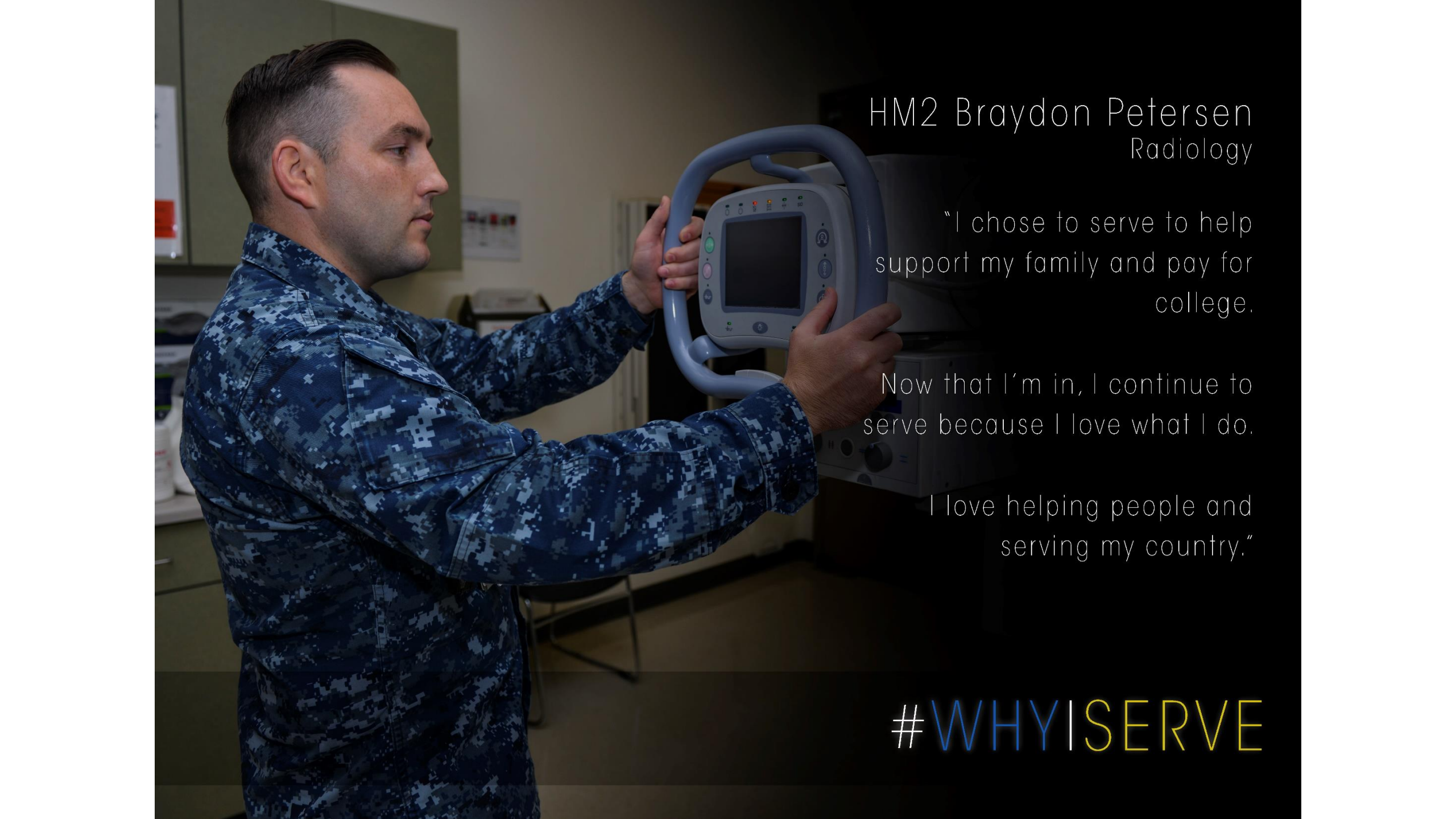
James McConnell Jr. Galley

"As a former service member of the Army, I relate well here at the hospital.

I enjoy my role in educating and advancing junior military members today even though I don't currently serve myself.

I like that I can continue teaching and broaden the knowledge of those who serve today."

#WHYISERVE

A man in a blue digital camouflage military uniform is shown in profile, facing right. He is holding a large, light blue medical device with a screen and various buttons. The background is a clinical or hospital setting with shelves and equipment. The right side of the image has a dark overlay with white text.

HM2 Braydon Petersen

Radiology

"I chose to serve to help support my family and pay for college."

Now that I'm in, I continue to serve because I love what I do.

I love helping people and serving my country."

#WHYISERVE

A man with a beard and short dark hair, wearing a grey V-neck t-shirt and black pants, is smiling and looking to his left. He is holding a black handle, possibly a resistance band or a piece of equipment. In the background, there is a large mirror reflecting the room, a poster on the wall, and a blue exercise ball. The overall setting appears to be a physical therapy clinic.

PTA Tom Sullivan

Physical Therapy

"It's cool because I get to serve the people I served with."

When I retired from the coast guard, I knew I needed a second career, and my physical therapist got me running again after I tore my ACL.

I chose to come back here because I wanted to help people feel better."

#WHYISERVE

Sheryl Adams

Social Worker/Case Worker for OB-GYN

"I love that I get to do my part for my country by serving those who serve."

Helping military families during difficult times and making them more resilient is very rewarding for me."

#WHYISERVE



LT Anuel Felipe

Internal Medicine DIVO

"It was my first intention to join the Navy to get out of New York City. I come from a low income family and the navy really gave me the opportunity to learn when I was afraid to go to college.

I'm still here because the Navy has invested in me. I have become a valuable asset because of the programs and opportunities that the Navy has given me."

#WHYISERVE





**To Our Staff, Our Family, Our Friends, and especially Our Patients,
May the Sun Light Your Way, the Wind fill Your Sails,
Fair winds and Following Seas from 2018 as we head into 2019**

